



## LU JONG CERTIFIED TEACHER TRAINING PROGRAM - OVERVIEW

### 1 - EDUCATION

The Lu Jong Teacher Training is a 14-Day comprehensive course of studies taught by Joelle Kelly, NMI certified Lu Jong Teacher Educator, leading to your certification as a teacher of Lu Jong.

We will delve deeply into all aspects of the Lu Jong lineage and you will emerge feeling confidently equipped with the skills necessary to successfully teach Lu Jong Tibetan Yoga to your students.

### 2 - CERTIFICATION

At the Final Master Class, you receive the direct transmission from Tulku Lobsang after taking a written and a practical examination under the guidance of your Educator, Joelle Kelly. This class is not an exam but an opportunity to deepen your connection with the lineage, to meet Rinpoche and receive your certificate to teach Lu Jong in his lineage.

Additionally, you will have a chance to meet and connect with the other Lu Jong teachers throughout North America to strengthen our network. Attendees are a combination of new teachers and current teachers who are renewing their certifications.

The Master Class in North America is an online event which means you can participate from your home (or anywhere), via Zoom, over the course of a weekend. You may also choose to attend in person at an event in Europe.

### 3 - RENEWAL

In two years' time, you renew your certification status by attending a Master Class either online or in person. After this first time, renewals only need to be done every four years. This ensures that all the teachers stay fresh, current and connected.

## 2019 DATES AND LOCATION – SPECIFICS

**SESSION 1: JUNE 17 – 22, 2019**

**SESSION 2: SEPTEMBER 23 – 28, 2019**

**LOCATION: NEW YORK CITY – USA**

**CERTIFICATION: OCTOBER 5<sup>th</sup> – 6<sup>th</sup>, 2019**



## SESSION 1

**Monday, June 17<sup>th</sup> - First Day of Session 1**

START: 9:30 am

**Saturday, June 22<sup>nd</sup> – Last Day of Session 1**

END: 4:45 pm

## DISTANCE STUDIES

During the crucial period between the NYC Sessions, we will have online instruction & discussions. Most importantly you are expected to maintain a regular DAILY course of studies to refine your movements and build muscle memory to prepare for final exams.

You will be expected to submit videos for my assessment and suggestions.

## SESSION 2

**Monday, September 23<sup>rd</sup> – First Day of Session 2**

START: 9:30 am

**Saturday, September 28<sup>th</sup> – Last Day of Session 2**

END: 4:45 pm

## DAILY SCHEDULE – Broad Strokes

9:30 am - 12:45 pm: Morning Practice & Theory

12:45 pm - 2:00 pm: Lunch Break

2:00 pm - 4:45 pm: Afternoon Theory & Practice



# LU JONG TEACHER EDUCATION PROGRAM COST – 2019

## Total cost for the 2019 NYC training is \$2,875 USD

**NOTE:** Attendance at ALL Sessions is mandatory for completion of the training program.

### **COST INCLUDES:**

- 12-Day In Person Training with Joelle Kelly in New York City
- \$420 Registration Fee with Nangten Menlang International (NMI)
- Additional Online Training days and follow-up with Joelle Kelly during July and August
- The Lu Jong: Tibetan Healing Yoga Teaching Manual (340 pages)
- Teaching materials and supplies to support your Education
- Official listing on the worldwide [www.lujong.org](http://www.lujong.org) website
- Access to Licensed Material for certified Lu Jong teachers used to promote classes
- Permission to publish your classes and workshops on the worldwide NMI website
- Ongoing access to Joelle Kelly for full support through certification
- The opportunity to Mentor with Joelle Kelly after certification.

### **COST DOES NOT INCLUDE:**

- Travel to New York City from your location
- Lodging and meals while in New York City
- Final Certification Fee payable directly to NMI

*\*private trainings are possible and must be arranged with Joelle Kelly, costs will be higher in these instances*

### **TRAINING LOCATION: NEW YORK CITY**

New York City has three local airports and is also accessible by train, bus and car.

Our training studio is located in Manhattan, on the Lower East Side, which means there are a wide range of options for lodging, meals and transportation.

There are innumerable places to explore and experience during your visit, which makes NYC a perfect location if you travel with a friend/family.

The Studio is located in the historic [Clemente](#) building – a former school and currently a fantastic hub for the arts. Located near subways, buses, restaurants and within walking distance of many interesting neighborhoods.

**107 Suffolk Street  
New York, NY 10002**

[Get Directions](#)





## CERTIFICATION WEEKEND:

The North American Certification Weekend, an online event, is scheduled for October 5<sup>th</sup> & 6<sup>th</sup>, 2019

The registration fee for this event is due BEFORE it begins. You will be contacted by NMI US, after you pass your exams with Joelle Kelly, and guided through the process. Registration and payment are made directly to the organization.

The teachings will span two days (a weekend) and attendance is mandatory to receive your Certificate. All else that is required is an internet connection and some space for movement.

**The cost for First Time Certifications is \$180 USD. Renewals cost \$120 USD**

## ABOUT [JOELLE KELLY](#)

## CANCELLATION POLICY

Should you need to cancel your participation in the Education Program, there is a non-refundable processing fee of \$500. The remaining balance of monies paid is refundable until April 30th, 2019.

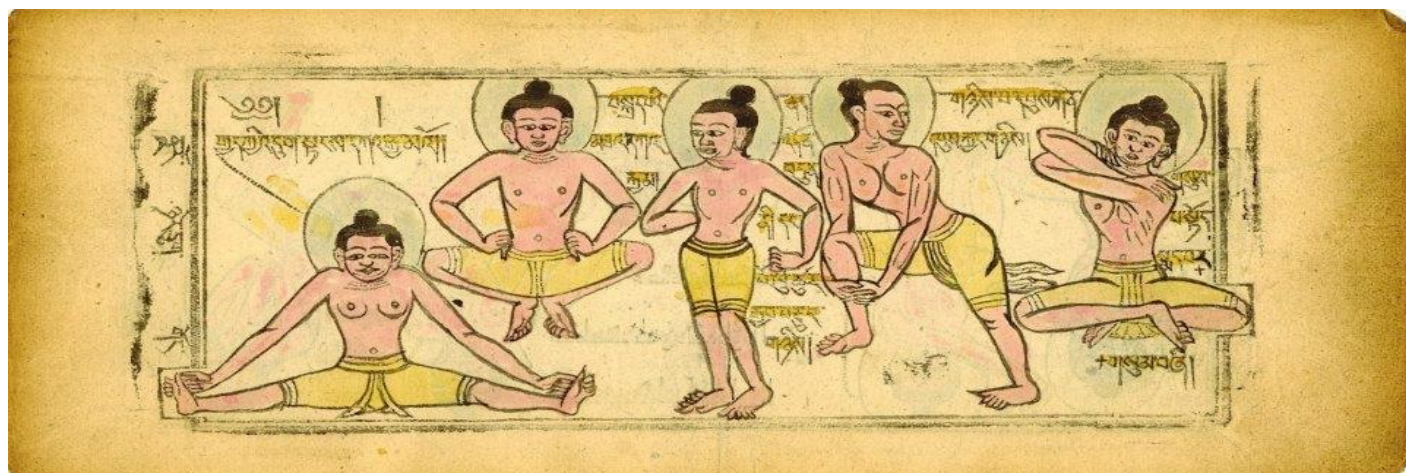
The NMI Registration fee of \$420 is non-refundable.

Until June 1<sup>st</sup>, 2019, the balance of monies paid are 50% non-refundable and 50% applicable toward a future Education or any other Lu Jong New York event.

There are no refunds or credits possible after June 1<sup>st</sup>, 2019.

## CURIOUS AND HAVE SOME QUESTIONS?

If you feel this Education Program could be right for you and wish to speak with Joelle, contact her [HERE](#) to schedule a phone consultation. (15 minutes)



## Details and Policies of the Lu Jong Teacher Certification Program

- This certification program is offered through Nangten Menlang International (NMI), a Buddhist Medical Organization founded by Tulku Lobsang.
- Registration for enrollment in the Teacher Certification Program is with NMI. When you register you notify them of your choice of Educator. The Education portion of the Training is paid directly to the Educator.
- Completion of the program means you will be officially certified to teach Lu Jong Level 1 by the NMI organization and Tulku Lobsang.
- Joelle Kelly is authorized by NMI to prepare potential teachers to teach Lu Jong level 1.
- Lu Jong is strongly based upon the principles of Tibetan Medicine and connected with Tibetan Buddhism. While it is not necessary to teach Buddhism, an understanding of key aspects of Buddhist philosophy is fundamental to understanding Lu Jong. As such, these points are covered as a part of the curriculum.
- Buddhism refers to the application of methods to better understand the nature of our mind, body and phenomena. People of all religions, ages and abilities are welcome to join the training.
- As part of the course, you will be given a Lu Jong Teacher's Manual. Please respect that this is copyrighted material and cannot be reproduced or shared.
- You **MUST** attend both the Teacher Training and the Certification to receive your certificate to teach.
- The certification events are organized by Nangten Menlang. At least two certifications are offered annually, one in North America and one in Europe. There is no online option for the European certification.
- Registration and payment for certification events are done directly to the organization.
- In order to attend the certification, it is necessary to have Joelle Kelly's positive assessment that you have successfully completed the practical exam and requirements of the Training. You only need to have taken the written exam at least once, and if you don't pass you can take it again after the certification event. The ONLINE written exam is organized through the organization. No additional fees are required for the exams.
- You need to pass both tests before receiving your certificate to teach.
- If you do not pass, you will be given constructive feedback and another opportunity to take the tests.
- In order to maintain a valid Teacher's Certificate, it is necessary to attend a Renewal event after two years, and every four years after the first renewal. The Renewals are held concurrently with the Certification event and are organized by Nangten Menlang.

Thank you for your interest in teaching Lu Jong!



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